

USMS 2024 Annual Meeting
January 13, 2025
7:00 PM MST
Zoom

Attendees

- Bruce Schroeder - Outgoing president
- Rebekah-Anne Duncan - Outgoing secretary
- Jerry Treiman - LMSC VP
- Dennis Tesch - Coaches Rep
- Aaron Norton - Sanctions Chair; Incoming President
- Dean Stonehocker - Membership
- Sydney Olsen- Incoming Secretary
- Mike Wynn - LMSC
- Kia Hodgson - Officials Chair
- Chris Bender - Head Coach of QUAC
- Kevin Johnson - South Jordan swimmer
- Mike Courtney - SLC swimmer
- Sadie Roberts - Lehi masters swimmer
- John Wiest - President QUAC
- Dawn Martindale - Triathlon chair
- Anne Marie Forest

Financial Report - From Bruce b/c Joe Linford is not present tonight

- \$20,000.00 in our Utah LMSC Bank Account
 - \$75.00 fee that each registered member pays
 - We get \$12.00 from that amount
 - 300 members each year
- In 2024 and 2025, we paid clubs 'registration annual USMS fee
 - \$50.00 annual USMS fee
- In May 2024, we did coaching clinic at QUAC pool
 - Spent \$1,800 on pool rental
 - \$3,000.00 in coaching stipends
 - About \$5,000.00 investment
 - 15 coaches from around the State attended this event
 - We also did a swim clinic at the event so coaches could practice what was learned
 - Chris Bender: Really enjoyed it and felt it was really helpful. Level 2 was really helpful because it was about creating workouts. Second day with clinic was also helpful to practice. QUAC swimmers participated as "learners" and really enjoyed it.
 - Dawn Martindale: Also really enjoyed seeing the biz side of things for level 3. Felt it was well-presented.

- Sydney Olsen: Really liked getting together with other coaches and spreading thoughts as other coaches. Very helpful for her. Liked the unity/group thought that was present.
- USMS Relay 2024
 - We paid for four swimmers to attend
 - Bruce
 - Dean
 - Sydney
 - Michael Olson
 - Relay is about helping clubs and LMSCs
 - Coaching clinic there was also very helpful
 - \$4,000.00 for all four people to attend
 - USMS won't be doing the large USMS annual meeting in person but will keep Relay in person.
 - Jerry: Wants to continue supporting all these causes like we did in 2024
 - Coaches Clinic
 - Paying clubs' annual \$50 USMS fee
 - Paying for swimmers to attend USMS Relay

Membership Report - Dean Stonehocker

- 2024: 364 registered swimmers
 - QUAC had largest at 140 swimmers
 - 68 swimmers not affiliated with a club
 - 154 women; 110 men
 - 36 coaches; 6 certified ALTS instructors
- 2025: 229 registered swimmers as of 1/13/2025
 - 149 men; 80 women
 - 45 swimmers not affiliated with a club
 - Bruce: USMS wants them to still get a benefit of being a USMS-registered member even though they aren't affiliated with a club
 - 30 certified coaches; 5 ALTS instructors

Board Elections - Bruce Schroeder

- Everyone voted and these are the results
 - Aaron Norton - President (New)
 - Sydney Olsen - Secretary (New)
 - Jod Linford - Treasurer (staying on)
 - Jerry Treiman - VP (staying on)

Coaches update - Dennis Tesch

- Would like to rotate out of his position and have a younger coach in this position
 - He is now in charge of USCA (Utah Swimming Coaching Association), a youth swimming coaching association

- Aaron will need to appoint someone to replace Dennis
- Wants more meets in Heber, Utah! Wants feedback on when they could hold a fun meet
 - He runs the pool so he can make whatever anyone wants
 - Everyone talked about how to get a meet going to help Dennis
 - Do it when you (person running it) are available.
 - Likely summer could work
- Aaron: Send a tentative agenda to all Utah LMSC swimmers of when meets are throughout the state?
- Bruce: Trailblazers Meet March 29th will be labeled as the State meet for 2025

Swim Clinic

- April 19 2025?
- Chris Bender:
 - Bill Brenner from USMS did a 90 days to clinic
 - Start 1/20/2025
 - Gauging interest
 - Clinic metrics to achieve
 - Coordinate with Bill to make this an official USMS program/keep
 - This is geared toward swimmers
 - List of tasks to do every week before clinic
- Aaron: this would really be of interest from their team
- Bruce: what does Chris need?
 - **List of coaches who completed training in 2024 - See list at end of document**
 - How many coaches want to participate?
 - Ask these coaches which of their swimmers want to come
 - Chris:
 - What does the LMSC want to help pay for?
 - Renting pool? Scholarships for those who really need it
 - Chris to see how much it will cost because just a few hours on one day this year
 - Give paragraph proposal to Aaron

Open Water - Dawn Martindale

- Utah tri doesn't organize this anymore
- May be able to do something with USAT (USA Triathlon)
- Sharing info b/w Utah LMSC and USAT
- Southern Utah Tri club is pretty beefy; so is SLC tri club

Meeting adjourned at 8:01 PM

Coaches who attended Coaches Clinic May 2024

Level 2 Attendees			
#	First Name	Last Name	Team
1	Amy	Ashton	UC34
2	Deborah	Beck	UC38
3	Christopher	Bender	QUAC
4	Theresa	Candelaria	FINSP
5	Kyle	Durieux	ROSE
6	Robin	Eide	OMAC
7	Kyler	Goodin	TM
8	Pedro	Huebner	QUAC
9	Athena	Kiriapoulou	QUAC
10	Kleo	Kobe	QUAC
11	Sydney	Olson	MPACM
12	Guillermo	Ruiz	UC21
13	Kyle	Spicer	QUAC
14	Steve	Sutton	CLMS
Level 3 Attendees			
#	First Name	Last Name	Team
1	Bonnie	Adams	OZ-AR
2	Britanny	Adams	MPACM
3	Christopher	Bender	QUAC
4	Theresa	Candelaria	FINSP
5	Shannon	Clawson	HASC
6	Kyle	Durieux	ROSE
7	Nathaniel	Freeman	QUAC
8	Kyler	Goodin	TM
9	Pedro	Huebner	QUAC
10	Athena	Kiriapoulou	QUAC
11	Dawn	Martindale	SDMST
12	Aaron	Norton	SDMST
13	Sydney	Olson	MPACM
14	Guillermo	Ruiz	UC21
15	Kyle	Spicer	QUAC
16	Steve	Sutton	CLMS
Coach Clinic Attendees			
#	First Name	Last Name	Team

1	Bonnie	Adams	OZ-AR
2	Deborah	Beck	UC38
3	Christopher	Bender	QUAC
4	Kyle	Durieux	ROSE
5	Kyle	Spicer	QUAC
SDC Swimmers			
#	First Name	Last Name	Team
1	Marshall	Andersen	QUAC
2	Mark	Angelos	HASC
3	Lauren	Black	UC34
4	Theresa	Candelaria	FINSP
5	Skylar	Casey	QUAC
6	Robin	Eide	OMAC
7	Jennifer	George	OMAC
8	Athena	Kiriapoulou	QUAC
9	Michael	Knudson	QUAC
10	Joseph	Murphy	QUAC